

# October Newsletter



DR. D.A. PERLEY  
ELEMENTARY

1 OCTOBER, 2025



## October Principal's Message

Welcome to October!

Things are really starting to feel like fall around here, especially in the mornings, so please send your child with extra layers to help them stay comfortable outside! We will do our best to check labels, too, because a lot of those layers get shed in the afternoon sun and our lost and found is filling up.

The change of season can also have an affect on energy and mood. This is a good time to start getting a bit more rest, drinking lots of water, and engaging in activities that help us relax and restore. Our two Feel Good Fridays this month will include lots of regulating activities like lego, colouring, reading, being outside, and connecting with friends!

We are looking forward to welcoming families into the school at our Open House on Tuesday, October 7<sup>th</sup>. This is a chance to explore the school and get a sense of what your child does all day here. We will also have a cardboard arcade set up in the gym so come by and try your hand at some incredible creations from our upper intermediate students.

Overall it's been a really calm start to our school year and we are looking forward to building on that sense of calm as we get into learning this year!

Thanks for all the ways you support your child, their classroom, and our school. We couldn't do it without you!

*Kirsten & Shawn*

### Upcoming Events

Oct. 3 - Feel Good Friday.

Field Trip for Larch and Willow Classes

Oct. 6 - PAC Meeting at 5:00 in the Library

Oct. 7 - Green Thumb Theatre Show at 1:15.

Perley Open House 2:15-3:30 and 5-6:30

Oct. 7 & 8 - 2:15 Dismissal

Oct. 13 - Thanksgiving School Not In Session

Oct. 17 - Feel Good Friday

Oct. 30 - Halloween at Perley

## Feel Good Fridays

Our first Feel Good Friday is this week - October 3<sup>rd</sup>. Students are encouraged to wear what makes them feel good (this usually includes pyjamas, jerseys, favourite shirts, dresses etc.) Those at school will participate in school-wide feel-good activities organized by staff for the afternoon, and we have a couple of classes on a field trip this time, too! The goal is to have fun and stay calm on a day where we are often feeling pretty tired!



## Early Dismissal & Perley Open House

Our fourth annual Open House will be Tuesday, October 7th from 2:15-3:30 and then 5-6:30pm. This is a chance to see what your child gets up to all day at Perley - from touring their classroom and looking at some of their work to visiting the music room, library, and Indigenous Education building, you will get to experience all parts of Perley! There may even be a cardboard arcade to enjoy in the gym, created by our Grade 6/7s!

We will not be hosting school-wide, formal Parent-Teacher interviews at this time, but please know that **you are able to request a meeting with your child's teacher at any time** - call the office or email them directly to set up a time now or whenever you would like to in the year!

## Halloween at Perley

This year Halloween is on a Friday so we will celebrate on Thursday, October 30<sup>th</sup>. It is an exciting time for children and while we enjoy celebrating, we also aim to keep things as calm as possible! Classes will have some Halloween and Fall themed activities along with our school assembly that day.

Children are welcome to wear their costumes to school but please remember that we have 4 and 5 year olds here so keep scarier costumes for weekend festivities. We've also had important costume pieces lost or broken over the years so it might be best to keep those items at home!

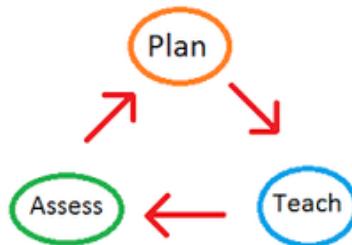


## Foundation Skills Assessments (FSAs)

This month Grade 4 and 7 students will be participating in the BC Foundation Skills Assessments in Numeracy and Literacy. The FSA includes digital and written work and is just one way that we explore what students can do and where they might be struggling. It's helpful data for the school, district, and province. Please reach out if you have questions - or read this [\*\*FSA Parent Brochure!\*\*](#)

# Fall Literacy Assessments

Throughout September and October, teachers will be assessing students reading and writing skills as part of the District Literacy Assessment. This information helps teachers identify what skills students already have and where they should start their learning this year. It also helps us identify if students might need a little extra support so we are able to set up some extra reading groups, too. If you are curious about this process, ask your child's teacher!



## Perley Food Program

Once again this year we have the fabulous Jasmine running our breakfast program along with many wonderful volunteers! Jasmine also orders and makes food for lunches, which is available to all students if they need it. Our aim is to offer healthy options for anyone who needs a bit extra throughout their day. If you are interested in volunteering, please contact the office. If you have suggestions for great food to include, please let the office know that, too!

## School Sports

We are part way into our soccer season for Grades 4/5 and 6/7. There are games and playdays coming up this month so check for permission slips if your child has joined a team! Next up will be our volleyball season, followed by basketball in January.

School sports are a great way to build athletic skills, connect with new friends, and develop team work and perseverance. A huge thank you to those who volunteer to coach - please reach out if you are interested in helping us out, too!



*See you at the PAC meeting on Monday!*

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