

December Newsletter



DR. D.A. PERLEY
ELEMENTARY

1 DECEMBER, 2025



December Principal's Message

Here we are at the start of the last month of 2025!

We only have 12 days of school in December but they are jam packed with all kinds of fun learning experiences for Perley students. Please keep your eye out for emails from classroom teachers about events specific to your child's class and check the rest of this newsletter for details on the school-wide things that are happening!

While all the extra things we do in December are full of joy and fun, it can be a difficult time for children (and adults?!?) to stay regulated. When we experience big emotions (including excitement, anticipation, and joy), we may need a bit of a reset for our nervous system...and with a month full of interruptions to our regular routines, we often notice students feeling a bit more emotional.

At school, we work in regulating activities throughout all the December fun. Low pressure activities that are quiet, independent, and repetitive are helpful to bring down the energy after a lot of excitement or overstimulation - colouring, reading, listening to calm music, writing lines (for real!), and even doing simple worksheets help a lot with this regulation. You might want to try this at home if you have a busy schedule this holiday, too. Set aside time for screen-free quiet in between all your other plans - holiday activity books, puzzles, colouring, dot-to-dots etc.

It's also a season for gratitude and we are once again so grateful to be part of the Perley community. Thank you for all the ways you support us, your kids, and our school!

Upcoming Events

Dec. 4 Grade 6/7
Volleyball Playday at
BCSS

Dec. 8 Christmas
Concert Rehearsal 1:30

PAC Meeting at 5pm

Dec. 9 Christmas
Concert & 1:30 and 6:30

Book Fair 1-8pm

Dec. 10 Grade 6/7 Winter
Market 12:00-2:00 in Gym

PAC Pizza Hot Lunch

Dec. 18 Assembly at 11:30

Dec. 19 - January 4
Christmas Break

Kirsten & Shawn

Annual Christmas Concert

Our annual Christmas Concert is coming up fast - Tuesday, December 9th at 1:30 and at 6:30pm. Students will go to their classrooms for the evening performance so please send them to their classrooms no later than 6:15. The concert should be about an hour long, with each class performing one number and then everyone (including you, if you want!) joining in for the final number.

If you are not able to come to the evening performance, please let your children's classroom teachers know. That way we know not to worry when they don't arrive and we can make sure we cover important parts that they may be playing in their act! It takes a lot of preparation to bring the show together



Books and Baking

During our Christmas Concerts we will also have a Bake Sale and a Book Fair. Please stop by the kitchen to pick up some baked goods from the Perley PAC (if you haven't signed up to bring something yet, please do!) and then swing by the library to find some books. Books and baking make great gifts and purchasing them here helps out our school!

Grade 6/7 Winter Market

Mr. Stolen's and Ms. Mace's classes will be hosting a Winter Market on **Wednesday, December 10th, from 12:00–2:00 PM** in the gym.

Students have planned their small businesses and are now creating handmade products to sell — no resold or store-bought items will be permitted. Families and community members are invited to attend, browse, and support our young creators. Students are also encouraged to donate a portion of their profits to a local charity of their choice.

We hope to see you there!



December Spirit Days

Our 6/7s have planned Spirit Wednesdays this December. Students can participate with the theme or wear whatever makes them feel best this season!

Wednesday, December 3: Christmas/Ugly Sweater Day

Wednesday, December 10: Twin Day/Holiday Hat Day

Wednesday, December 17: PJ/Cozy Day



Intermediate Ski/Snowboard Program

Our ski and snowboard program at Phoenix Mountain is in January this year (we alternate years between January/February). Details and permission forms were sent home on Thursday, November 27th. This program is part of our Physical Education curriculum.

Outdoor activities like skiing and snowboarding are good not only for developing physical skills and strength, but also for supporting positive mental health at a time of year that can be difficult for many of us.

Please check out the information and encourage your child to participate. It's an incredible opportunity to learn a fun winter activity with lots of support and friends around to help. Beginners are always amazed how quickly they are able to get comfortable on the hill. It's a powerful lesson in having a growth mindset and picking yourself up when you fall!

MunchaLunch

Just a reminder that the next round of hot lunches is now ready to be ordered through MunchaLunch. Please check your email for details on how to set it up and order if you want to participate!



See you at the PAC meeting on December 8!

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